

Looking Ahead

Our 18th Ride

June 2010

Missouri 300

Ride the Katy Trail from Sedalia to St. Charles a suburb of St. Louis or bring your family for the first weekend and ride together.

Our 19th Ride

June 2011

Great Lakes 250

Bike the Great Lakes area of Wisconsin and Michigan. Experience the north shore wilderness and the hospitality of the great mid-west.

Our 20th

Anniversary Ride

June 2012

The "Route 66" 300

Travel the old route 66 through Oklahoma, Texas, New Mexico, Arizona, and California – 60 miles in each state.

Contact The Rock
to Reserve
your space or
for more details.

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That was Then!



This is Now!

Celebrating 20 Years of Biking



*Join us in
2010-2012*



Celebrating Our History

Our biking adventures began in the summer of 1988 on a hot dusty road ride in Oklahoma. Since then we have organized 17 summer bike trips that have crisscrossed the United States, riding the Grand Tetons in Wyoming to Mt. Dora, the highest point in Florida. In each state we have been introduced to local attractions and points of interest, such as hiking the Grand Canyon, touring Mt. Rushmore, rafting the Snake River in Wyoming, and bodysurfing in South Padre Island.

More than 200 youth and adults now claim to be a part of an exciting heritage that has helped produce long lasting friendships and life experiences that has produced faith and trust in God, who will never let us down.

The trips have produced personal and spiritual growth, and character development for many have witnessed struggles and sacrifices turn into victories and celebrations along the journey.

We are committed to this lifestyle of living healthy, having fun, and depending on Jesus as we press on.

Biking Adventures

Oklahoma 100	1989
Texas 200	1990
Canadian 300	1991
Florida 400	1992
Colorado 300	1993
Missouri 300	1994
Wyoming 350	1995
Arizona 300	1996
Wisconsin 350	1997
Minnesota 200	1999
Texas 200	2000
South Dakota 250	2001
Missouri 250	2005
Pennsylvania 250	2006
Ohio 250	2007
Minnesconsin 300	2008
Colorado 250	2009



Tune Up Ride

Tulsa River Ride 30-35 miles

Saturday, September 12th

Leave The Rock by 8:00am

Meet in Tulsa at 9:00am

Ride the River Park Trail to Jenks, eat a sack lunch, shop in Jenks, enjoy dessert at The Melting Pot. Return to The Rock by 6:00pm. Cost: \$15